

## One Hundred Days of Solitude

**Voice-over 1:**

For six volunteers, these are the last minutes of 105 days spent in an isolation module as part of an international experiment in preparation for a manned space mission to Mars.

**Voice-over 2:**

Ah! So it's finished: 105 days of isolation.

**Voice-over 1:**

Under constant surveillance, the all-male crew carried out seventy-two different experiments to gather data in readiness for a mission to Mars. All the key aspects of a long spaceship flight were simulated, barring of course the effects of weightlessness and solar radiation, which are more easily researched on the International Space Station.

**Voice-over 2:**

On an intellectual level of course it was very interesting. We were participating in detailed research to provide interesting findings for the scientists. I think it's very important for the scientific team to support the crew by providing regular feedback on the experiments.

**Voice-over 3:**

Over time, we started to enjoy the more complicated experiments that needed more preparation and which were more challenging. At the same time, some simple experiments that were repeated, sometimes twice a day, became monotonous and difficult to continue.

**Voice-over 1:**

Samples for analysis were delivered to researchers through a hatch in the isolation module, and researchers also monitored medical data.

Texte à intégrer

**Voice-over 4:**

These are air bags containing exhalation samples. We're experimenting so as to develop an efficient, non-invasive method of diagnosing diseases at an early stage.

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